

# A Popular walk to the summit of Scafell Pike



The ascent to the summit of England's highest peak is an ambition of many walkers.

There are numerous routes from various starting points. As Wasdale Head is easily accessible from Glenfield and has convenient parking we have chosen one of these alternatives for our suggestion.

The path is a very popular route involving a tough 3 mile walk and 3000 feet of ascent. It is the shortest ascent, the path being clear and without risk or fear if proper precautions are taken.

Starting from Wasdale Head village green the path is level and heads southeast to a footbridge.

Then almost south climbing the lower slopes of Lingmell to reach Ling-

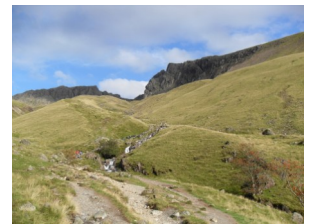
mell Beck to turn east to follow the beck through Brown Tongue to Hollow Stones. This section is a steep grind. Take care not to take the right fork to Mickledore. This path is



no longer recommended. The path becomes easier heading almost northwest to Lingmell Coll then sharply south then southeast. The final section is less steep, rough and leads on to the unmistakable summit cairn with a flight of steps to the very top. From the summit do not be tempted to approach Scafell by the di-

rect route. There is no path.

The descent retraces steps to Lingmell Coll where an alternative is to head northwest to the summit of Lingmell. Take great care to the north and east of the summit which consist of sheer drops.



From the summit head west and then southwest to descend the prominent grassy ridge of Lingmell to meet the ascent path close to Lingmell Beck where the path turns north to retrace steps.

A POPULAR FELL WALK FROM WASDALE HEAD

# England's Summit

## Precautions and Essentials

There is no replacement to a map (Ordnance Survey Outdoor Leisure 6) and compass with the skills to use them. This is important even with a GPS as batteries often fail.

We also strongly suggest "A Wainwright's pictorial guide to the Lakeland Fell—Book 4".

The weather on the fells can change without warning and on the tops it can

be violently windy, extremely wet and the mist can descend unexpectedly reducing visibility completely.

An excellent weather forecast can be obtained from The National Parks weather line **0844 846 2444**.

In icy conditions use an ice axe and crampons.

It is important to carry warm and waterproof

clothing and sufficient food and hot drinks.

Check dusk times and make sure you have enough time. A minimum of 5 hours.

Tell somebody your plan.



### Alternative ascents

- Sty Head and the corridor route
- Sty Head and Esk Hause (add in Great End option)
- Via Piers Gill

**But do read your Wainwright**